

community conversation

What the Health: You are What you Eat, so What are You Eating?

Wednesday, November 1, 2017 @ 7:30pm
Red Bank Regional High School
101 Ridge Road . Little Silver, New Jersey



'What the Health' is an explosive documentary that leaves you wondering if anything you eat is safe. Join our panel of experts as they address the controversies that exist and find out what you can do to gain a healthy balance.'

—Abby Kelly, Director of Programming, WEforum

MASTER OF CEREMONY

Meg Fisher, MD

Medical Director, Unterberg Children's Hospital
Chair, Department of Pediatrics,
Monmouth Medical Center

PANEL SPEAKERS

Dr. James Proodian, DC, CCSP, CSCS

President and Founder
Natural Healthcare Center

Dr. Oscar Coetzee, Ph.D., DCN

Clinical Nutritionist
Natural Healthcare Center

Marcy T. Ragan

Chef and Owner
Relish Your Chef

PLEASE RSVP BY MONDAY, OCTOBER 30 TO EVELYN NITIS AT 732.923.7525 OR EVELYN.NITIS@RWJBH.ORG

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MONMOUTH MEDICAL CENTER FOUNDATION

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educate · empower · evolve
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THE SOURCE
AT RED BANK REGIONAL HIGH SCHOOL

When you educate a woman, she empowers her family,
and together WE can evolve a community.